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(54) Title: REDUCTION OF CARDIOVASCULAR VESSEL OCCLUSIONS WITH ASCORBATE AND LIPOPROTEIN (a) BINDING INHIBITORS <div style="text-align: center;"> Potential Mechanism of Ascorbate in the Binding of Lp(a) to the Arterial Wall </div> <p>The diagram illustrates the potential mechanism of ascorbate in the binding of Lp(a) to the arterial wall. It shows Lp(a) (Lipoprotein(a)) with Apoprotein B and a Lipid Core. It also shows Apo(a) (Plasminogen-like) and Fibrin. Two inset boxes show the interaction: the top box shows Ascorbate binding to the Lysine Binding Site of apo(a), which is near a Lysine group and Fibrin, Fibrinogen, and Fibrin Degradation Products. The bottom box shows Ascorbate converting Lysine to Hydroxylysine.</p>		
(57) Abstract A method and pharmaceutical composition are provided for the prevention and treatment of cardiovascular disease, particularly cardiovascular disease in the context of diabetic angiopathy, by-pass surgery, organ transplantation, and hemodialysis, by administering ascorbate and substances that inhibit the binding of lipoprotein (a) to blood vessel walls.		

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DescriptionReduction of Cardiovascular Vessel Occlusions
with Ascorbate and Lipoprotein (a) Binding InhibitorsTechnical Field

5 The present invention relates generally to the prevention and treatment of cardiovascular and related diseases and more particularly to methods and compounds that inhibit the binding of lipoprotein (a) to components of the arterial wall.

10 Background of the Invention

 Lipoprotein (a) ("Lp(a)") was first identified by Blumberg, B.S., et al. (1962) *J. Clin. Invest.* 41:1936-1944 and Berg, K. (1963) *Acta Pathol.* 59:369-382. The structure of Lp(a) resembles that of low-density
15 lipoprotein ("LDL") in that both share a lipid/apoprotein composition, mainly apolipoprotein B-100 ("apo B"), the ligand by which LDL binds to the LDL receptors present on the interior surfaces of arterial walls.

20 The unique feature of Lp(a) is an additional glycoprotein, designated apoprotein (a) ("apo(a)"), which is linked to apo B by disulfide groups. The cDNA sequence of apo(a) shows a striking homology to plasminogen, with multiple repeats of kringle 4, one
25 kringle 5, and a protease domain. The isoforms of apo(a) vary in the range of 300 to 800 kDa and differ mainly in their genetically determined number of kringle 4 structures (McLean, J.W., et al. (1987) *Nature* 300:132-137). Apo(a) has no plasmin-like
30 protease activity (Eaton, D.L., et al., (1987) *Proc. Natl. Acad. Sci. USA* 84:3224-3228). Serine protease activity, however, has been demonstrated (Salonen, E., et al. (1989) *EMBO J.* 8:4035-4040).

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Like plasminogen, Lp(a) has been shown to bind lysine-sepharose, immobilized fibrin and fibrinogen, and the plasminogen receptor on endothelial cells (Harpel, P.C., et al. (1989) *Proc. Natl. Acad. Sci. USA* 86:3847-3851; Gonzalez-Gronow, M., et al. (1989) *Biochemistry* 28:2374-2377; Miles, L. et al. (1989) *Nature* 339:301-302; Hajjar, K.A., et al. (1989) *Nature* 339:303-305). Furthermore, Lp(a) has been demonstrated to bind to other components of the arterial wall like fibronectin and glycosaminoglycans. The precise nature of these bindings, however, is poorly understood.

Essentially all human blood contains Lp(a). There can, however, be a thousand-fold range in its plasma concentration between individuals. High levels of Lp(a) are associated with a high incidence of cardiovascular disease (Armstrong, V.W., et al. (1986) *Atherosclerosis* 62:249-257; Dahlem, G., et al. (1986) *Circulation* 74:758-765; Miles, L.A., et al. (1989) *Nature* 339:301-302; Zenker, G., et al. (1986) *Stroke* 17:942-945). The term cardiovascular disease will be used hereafter as including all pathological states leading to a narrowing and/or occlusion of blood vessels throughout the body, but particularly atherosclerosis, thrombosis and other related pathological states, especially as occurs in the arteries of the heart muscle and the brain.

It has also been suggested that Lp(a), the concentration of which increases markedly in the blood during pregnancy, may be linked to cardiovascular disease in woman (Zechner, R., et al. (1986) *Metabolism* 35:333-336). It has also been observed that diabetics, many of whom suffer in some degree from atherosclerotic diseases, display greatly elevated serum levels of Lp(a) (Bruckert, E., et al. (1990) *JAMA* 263:35-36).

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Low levels of ascorbate have also been associated with a high incidence of cancer (Wright, L.C. et al. (1989) *Int. J. Cancer* 43:241-244) and atherosclerosis in diabetes mellitus patients (Som, S., et al. (1981) *Metabolism* 30:572-577). In all instances, serum concentrations of Lp(a) were elevated.

In addition to atherosclerosis and thrombosis in arteries, Lp(a) has also been linked to stenosis of vein grafts after coronary bypass surgery (Hoff, H., et al. (1988) *Circulation* 77:1238-1244). Similar problems of rapid occlusion of vessels have been observed in heart transplant patients.

For some time, general medical practice has focused on the role of LDL (the so called "bad cholesterol") in cardiovascular disease. Numerous studies have been published ostensibly linking cardiovascular disease with elevated levels of LDL. As a result, most therapies for the treatment and prevention of arteriosclerosis rely on drugs and methods for the reduction of serum levels of LDL's. Such therapies have had mixed results. The efficacy of such approaches to the problem of cardiovascular disease continues to be major source of debate.

There exists therefore a need for a drug therapy for reducing the binding of Lp(a) to vessel walls, for reducing the overall level of Lp(a) in the circulatory system and for promoting the release of existing deposits of Lp(a) on vessel walls.

Summary of the Invention

The foregoing needs in the treatment and prevention of cardiovascular disease are met by the methods and compositions of the present invention.

A method is provided for the treatment of cardiovascular disease, particularly atherosclerosis, comprising the step of administering to a subject an

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effective amount of ascorbate and one or more Lp(a) binding inhibitors, as a mixture or as a compound comprising ascorbate covalently linked with a compound which inhibits the binding of Lp(a) to blood vessel walls. This effect may also be obtained by administering an effective amount of one or more Lp(a) binding inhibitors, without ascorbate.

A method is further provided for the prevention of atherosclerosis comprising the step of administering to a subject an effective amount of ascorbate and one or more Lp(a) binding inhibitors as previously discussed but further comprising one or more antioxidants.

It is thus an object of the invention to provide a method for treatment of cardiovascular disease by administering to a subject an effective amount of ascorbate and one or more Lp(a) binding inhibitors, or an effective amount of one or a mixture of Lp(a) binding inhibitors.

It is another object of the invention to provide a method for prevention of cardiovascular disease, by administering to a subject an amount of ascorbate effective to lower the amount of Lp(a) in the plasma of the subject.

Yet another object of the present invention is to provide a method for prevention of cardiovascular disease by administering to a subject an effective amount of ascorbate and one or more Lp(a) binding inhibitors, or an effective amount of one or more Lp(a) binding inhibitors.

A further object of the present invention is to provide a pharmaceutically acceptable composition for the treatment of cardiovascular disease.

Still another object of the present invention is to provide a pharmaceutically acceptable composition for the prevention of cardiovascular disease.

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Yet another object of the present invention is to provide a method for preservation of explanted tissues and organs that reduces the risk of cardiovascular disease arising in such tissues and organs after
5 implantation.

It is also an object of the present invention to provide a pharmaceutically acceptable composition to assist in the preservation of explanted tissues and organs prior to implantation.

10 Still another object of the present invention is to provide a pharmaceutical compound and method for treating cardiovascular disease arising from a preexisting condition of diabetes mellitus.

These and other objects will be more readily
15 understood upon consideration of the following detailed descriptions of the invention and the drawings.

Brief Description of the Drawings

Figure 1 is a photograph of an immunoblot of plasma from guinea pigs subjected to the treatments as
20 described in Example 1.

Figure 2A is a photograph of an aorta of a guinea pig receiving an adequate amount of ascorbate from the test diet described in Example 1.

Figure 2B is a photograph of an aorta of a guinea pig after three weeks receiving a hypoascorbic diet as
25 described in Example 1.

Figure 3 is a photograph of an immunoblot of plasma and tissue of guinea pigs subjected to the treatments as described in Example 2.

Figure 4 is a diagrammatic representation of the action of Lp(a) binding inhibitors to cause release of Lp(a) from fibrin fibers of an arterial wall.

Figure 5 is a diagrammatic representation of the action of ascorbate to prevent association and
35 reassociation of Lp(a) to an arterial wall.

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Detailed Description of the Invention

The present invention is based in part on the discovery that animals which have lost the ability to produce ascorbate, such as higher primates and guinea pigs, uniformly produce Lp(a), whereas most animals which possess the ability to synthesize ascorbate generally do not produce Lp(a). Further, it has been found that ascorbate deficiency in humans and guinea pigs tends to raise Lp(a) levels and causes atherosclerosis by the deposition of Lp(a) in the arterial wall. Therefore, it appears that ascorbate administration lowers plasma Lp(a) levels.

It has also been discovered that numerous substances inhibit the binding of Lp(a) to components of the arterial wall, particularly to fibrinogen, fibrin and fibrin degradation products, herein identified as Lp(a) binding inhibitors, such as lysine or ϵ -aminocaproic acid. Thus, ascorbate and such Lp(a) binding inhibitors are not only useful for the prevention of cardiovascular disease, but also for the treatment of such disease.

Some beneficial effects of ascorbate in the prevention and treatment of cardiovascular disease have been established. The present invention discloses the relation to and therapeutic use of ascorbate for reducing the effects of Lp(a), one of the most atherogenic lipoproteins, directly related to the development of atherosclerotic plaques. The beneficial effects of ascorbate suggest that ascorbate therapies would be useful in a variety of situations where occlusion of blood vessels by Lp(a) deposition is a problem. For instance, ascorbate not only appears useful in the treatment of endogenous atherosclerosis, but appears to be useful in transplantation of blood vessels and whole organs, where a combination of tissue damage to the transplant, such as oxidation, and high

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serum Lp(a) in the transplant recipient results in rapid occlusion of blood vessels in the transplant. Ascorbate may also be useful in the area of hemodialysis, where loss of ascorbate and other vitamins and trace elements from the blood of hemodialysis patients can result in increased serum levels of Lp(a) and thus increased risk of cardiovascular disease. Finally, it appears that ascorbate alone and in combination with Lp(a) binding inhibitors, specifically with plasmin competitors, may be therapeutically useful for treatment of the pathogenic effects of diabetes which is associated with elevated serum concentrations of Lp(a).

The present invention provides methods and pharmaceutical compositions for both the treatment and prevention of cardiovascular disease in vivo; methods and compositions for the preservation of damage linked vessel occlusion in explanted tissues and organs, as well as methods and compositions for the prevention of hemodialysis-linked cardiovascular disease. Each of these embodiments is discussed in turn below.

General Applications

The present invention provides a method and pharmaceutical composition for the treatment and prevention of cardiovascular disease generally, particularly atherosclerosis, by administering to a subject a therapeutically effective amount of ascorbate and one or more Lp(a) binding inhibitors which inhibit the binding of Lp(a) to blood vessel wall components, particularly to fibrin or fibrinogen. As used herein, the term "ascorbate" includes any pharmaceutically acceptable salt of ascorbate, including sodium ascorbate, as well as ascorbic acid itself. The term Lp(a) binding inhibitor, as used throughout the specification and claims, is intended to include all substances that have an affinity for the lysine binding

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site present on the interior walls of blood vessels, particularly arteries, the site of Lp(a) binding. Most of these substances compete with plasmin for the lysine binding site and some of these compounds, in high doses, are in clinical use for the treatment of hyperfibrinolytic states. Lp(a) binding inhibitors include, but are not limited to ϵ -aminocaproic acid, lysine, tranexamic acid (4-aminomethylcyclohexane carboxylic acid), p-aminomethylbenzoic acid, p-benzylamine sulfuric acid, α -N-acetyl-lysine-methyl ester, PROBUCOL (a compound comprised of 2 butyl hydroxy tocopherol groups linked together by a disulfide group), Aprotinin, trans-4-aminomethylcyclohexane carboxylic acid (AMCA), and benzamidine derivatives such as amidinophenylpyruvic acid (APPA) and 1-naphthyl-(1)-3-(6-amidinonaphthyl-(2))-propanone-1 HCl (NANP). An effective amount of a Lp(a) binding inhibitor or a mixture of binding inhibitors may also be used, without ascorbate. It is also considered advantageous to employ one or more antioxidants in the compositions of the present invention. The term antioxidant, as used throughout the specification and the claims, is intended to exclude ascorbate which has as one of its chemical properties a potent antioxidant effect. Representative antioxidants found useful in the practice of the invention include antioxidants such as tocopherol, carotene and related substances. Other substances used in the treatment of cardiovascular disease may be co-administered, including: vitamins; provitamins; trace elements; lipid-lowering drugs, such as hydroxymethyl-glutaryl coenzyme A reductase inhibitors, nicotinic acid, fibrates, bile acid sequestrants; and mixtures of any two or more of these substances.

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Although ascorbate can be used alone or in varying combinations with one or more representative constituents of the above classes of compounds, it is presently preferred, when treating a pre-existing cardiovascular condition, to combine ascorbate with at least one each of the Lp(a) binding inhibitors, antioxidants and lipid lowering drugs elements in the dosages (per kilogram of body weight per day ("kg BW/d")) provided in Table 1. It should be noted that Table 1 provides differing concentration ranges of each constituent, depending upon whether the composition is to be administered orally or parenterally. The variance in dosages is reflective of variation in disease severity. It will be realized therefore that if the subject has been diagnosed for advanced stages of atherosclerosis, dosages at the higher end of this range can be utilized. However, if only prevention of an atherosclerosis condition is the object, dosages at the lower end of this range can be utilized.

As an alternative, a pharmaceutical composition identical to the one just described, but omitting ascorbate, may be employed.

Where ascorbate and Lp(a) binding inhibitors are utilized in the same composition, they may simply be mixed or may be chemically combined using synthesis methods well known in the art, such as compounds in which ascorbate and the inhibitor are covalently linked, or form ionically bound salts. For example, ~~ascorbate may be bound covalently to lysine, other~~ amino acids, or ϵ -aminocaproic acid by ester linkages. Ascorbyl ϵ -aminocaproate is such an example. In this form the ascorbate moiety may be particularly effective in preventing undesirable lipid peroxidation.

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In the case of oral administration, a pharmaceutically acceptable and otherwise inert carrier may be employed. Thus, when administered orally, the active ingredients may be administered in tablet form.

5 The tablet may contain a binder such as tragacanth, corn starch or gelatin; a disintegrating agent, such as alginic acid, and/or a lubricant such as magnesium stearate. If administration in liquid form is desired, use of sweetening and/or flavoring agents may be used.

10 If administration is by parenteral injection, in isotonic saline, a phosphate buffered solution or the like, may be used as a pharmaceutically acceptable carrier.

The advisability of using Lp(a) binding inhibitors in treating cardiovascular disease will depend to some extent on the subject's general health, particularly with regard to hyperfibrinolytic conditions. Most Lp(a) binding inhibitors (except lysine) are used clinically to treat such conditions. As a result,

15 monitoring of the subject's coagulation and fibrinolytic system is recommended before and during treatment for cardiovascular disease. Long-term administration of Lp(a) binding inhibitors will require formulations in which the dosages of Lp(a) binding

20 inhibitors are in the lower ranges of the dosages disclosed in Table 1.

Prevention, as contrasted with treatment, of cardiovascular disease may be accomplished by oral or parenteral administration of ascorbate alone. Table 2

30 gives a range of ascorbate concentrations sufficient to lower the serum Lp(a) concentration. Preferably the prevention of the cardiovascular disease according to the invention is accomplished by use of a physical mixture of ascorbate and one or more Lp(a) binding

35 inhibitors, or by use of a compound comprising covalently linked ascorbate with one or more of the

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binding inhibitors, which inhibit binding of Lp(a) to the arterial wall. A binding inhibitor or mixture of binding inhibitors may also be administered without ascorbate to prevent Lp(a)-associated cardiovascular disease.

To optimize the therapeutic effect of the release of Lp(a) from the blood vessel walls, the ascorbate and the binding inhibitors described above may be separately administered. Further optimization of therapeutic effect can be gained by using a time release composition to achieve relatively constant serum concentrations of the composition through time.

Coronary Bypass Applications

As discussed above, recurrence of cardiovascular disease after bypass surgery is a frequent problem. Physicians often observe that the veins used to replace occluded arteries become rapidly occluded themselves after implantation, often requiring the patient to undergo successive surgical episodes to replace clogged bypasses. While the utility of the present invention is not dependent on the veracity of any theory, it appears that the rapid occlusion observed in many individual's results from a combination of the patient's pre-existing elevated levels of Lp(a) and injury to the bypass veins during transplantation, particularly as a result oxidative damage during explantation. This damage makes binding of Lp(a) to the vessel interior easier. Further, Lp(a) has been detected in abundance in reoccluded by-pass veins after coronary bypass surgery. See, Cushing, et al. (1989) Atherosclerosis 9:593-603. Lp(a) is now known to be the most significant factor for reocclusion of bypass veins. See, Hoff, H, et al. (1988) Circulation 77:1238-1244. Thus, a further embodiment of this invention includes using the pharmaceutical composition of the present invention to lower the bypass patient's

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Lp(a) before, during and after surgery while at the same using a solution containing the composition to rinse and store the bypass veins until such time as the veins are implanted into the recipient, thereby
5 reducing oxidative damage that can make Lp(a) binding more likely after implantation.

The treatment protocols for the bypass patient generally follow those described above for the treatment of pre-existing cardiovascular disease. The
10 composition of the pharmaceutical composition will generally include ascorbate, one or more binding inhibitors, one or more antioxidants and one or more lipid lowering drugs as enumerated and in the dosages disclosed in Table 1. Of course, the level of dosage
15 will depend on disease severity. Further, the constituents of the composition can be combined just as described above, can be administered either orally or parenterally and can be combined with a pharmaceutically acceptable carrier.

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Table 1DOSAGE RANGES OF COMPONENTS IN
COMPOSITIONS OF THE PRESENT INVENTION

	<u>Oral Administration</u>	<u>Parenteral Administration</u>
<u>Ascorbate:</u>	5 - 2500 mg/kg BW/d	25 - 2500 mg/kg BW/d
<u>Binding inhibitors:</u>		
EACS	5 - 500 mg/kg BW/d	same
Tranexamic Acid	1 - 100 mg/kg BW/d	same
Para-aminomethyl benzoic acid	1 - 30 mg/kg BW/d	same
Lysine	5 - 500 mg/kg BW/d	same
<u>Antioxidants:</u>		
Tocopherol	0.1 - 20 IU/kg BW/d	same
Carotene	100 - 1000 IU/kg BW/d	same
<u>Lipid Lowering Drugs:</u>		
Nicotinic Acid	1 - 300 mg/kg BW/d	
HMG-CoA	0.1 - 10 mg/kg BW/d	
Fibrates	0.1 - 20 mg/kg BW/d	
Probucol	0.1 - 20 mg/kg BW/d	
Bile Acid Sequestrants	10 - 400 mg/kg BW/d	

Turning now to vessel treatment and storage, it is important to provide an in vitro environment which minimizes vessel injury. It appears that vessel injury can be reduced by the addition of a combination of ascorbate, binding inhibitors and antioxidants to the solution in which the vessels are normally stored. A range of effective concentrations of these constituents in solution is disclosed in Table 2. The general aspects of live vessel preservation and storage prior to implantation are well known in the art.

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Table 2CONCENTRATIONS OF COMPONENTS IN
SOLUTIONS OF THE PRESENT INVENTION

<u>Ascorbate</u>	50 - 5000 mg/l
<u>Binding inhibitors</u>	
EACS	2 - 2000 mg/l
Tranexamic Acid	1 - 300 mg/l
Para-aminomethyl benzoic acid	1 - 200 mg/l
Lysine	10 - 5000 mg/l
<u>Antioxidants</u>	
Tocopherol	1 - 1000 mg/l
Carotene	0.1 - 100 mg/l

Applications in Organ Transplants

It has also been found that the composition and method of the present invention are effective in preventing cardiovascular vascular disease from occurring in transplanted organs that have been otherwise successfully implanted in an organ recipient, particularly in the case of the heart.

As with occlusion of transplanted veins after bypass surgery, a transplanted heart free of any substantial arterial occlusion may suffer accelerated atherosclerosis after implantation. It appears that the mechanism described for occlusion of transplanted vessels applies equally to the heart itself as a whole, namely that the heart muscle itself, as well as the interiors of the arterial walls become damaged, making the arteries of the heart more prone to binding with Lp(a). Because the organ recipient often presents elevated serum concentration of Lp(a), particularly after surgery (see, Maeda, S. et al. (1989) *Atherosclerosis* 78:145-150), atherosclerosis can proceed at an accelerated rate.

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Treatment follows along the same line as that described for bypass surgery. Damage to the organ itself is minimized by placing the organ in a solution containing a mixture of ascorbate, binding inhibitors, and antioxidants in an otherwise standard storage solution. Concentration ranges for the various components of the present composition in the final solution are disclosed in Table 2. Because of the oxidative cellular damage during extended periods of explantation, the concentration of antioxidants should be in the higher range of dosages disclosed in Table 1. The standard storage solution itself is well known in the art. Storage of the organ in a solution containing the present composition will tend to minimize damage to arterial walls, thereby providing fewer places for Lp(a) to bind.

Of course, patient treatment is also desirable. If the organ recipient suffers from some degree of atherosclerosis at the time of organ transplant, the protocol and drug described above generally for the treatment of atherosclerosis should be employed. If, however, the patient does not suffer from atherosclerosis, use of the drug and protocol described above for prevention of atherosclerosis is desired. In all cases, the lowest dosages of ascorbate should be employed in the drug composition since ascorbate has an immune stimulatory effect.

Applications in Hemodialysis Treatment

~~It is well known that patients who suffered renal~~ failure and require regular dialysis treatment to cleanse the blood of metabolic waste products are also at an increased risk for cardiovascular disease. It appears that the reason for this may be a depletion of ascorbate, vitamins in general and other essential substances from the blood supply during the hemodialytic process. As described more fully above,

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the loss of ascorbate would result in greater injury to the interior of the artery walls over time and may also result in the production of elevated Lp(a) levels in the blood serum.

5 As can be readily appreciated, the composition and method of the present invention can be applied both to the patient and the hemodialysis solution to prevent and control hemodialysis-related cardiovascular disease. Turning first to the hemodialysis solution,
10 it is presently considered desirable to add a composition comprising a combination of ascorbate, binding inhibitors and antioxidants to the solution to produce concentrations of these compounds in solution in the range of concentrations provided in Table 2.

15 It has been determined that advantageous results can be achieved by carrying out treatment of the dialysis patient in addition to modification of the hemodialysis solution. Treatment should follow the drug and protocols set forth in detail above for the
20 treatment of a preexisting atherosclerotic condition.

Applications in Treatment of Diabetes

 The composition and method of the present invention are also useful in the treatment of the pathological effects of diabetes mellitus. In diabetes
25 mellitus, pathological changes in the arteries frequently lead to clinical symptoms or complete failure in various organs such as the kidney, eye and peripheral circulation system. Therefore, one therapeutic focus in diabetes mellitus is the treatment
30 of diabetic angiopathy.

 It appears that glucose competitively inhibits the physiologic uptake of ascorbate in different cell systems of the body, including the arterial wall. Kapeghian, et al. (1984) *Life Sci.* 34:577. Such damage
35 to arterial walls creates binding sites for Lp(a). Further, Lp(a) has been found to be elevated in the

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blood serum of diabetic patients. The atherogenic process is perhaps therefore accelerated by the combination of damaged arteries and elevated Lp(a). Therefore, the present invention discloses that

5 ascorbate alone or in combination with at least one binding inhibitor has therapeutic value in treating diabetes-related atherosclerosis.

Thus, another embodiment of the present invention is the use of a composition and method in treating the

10 pathogenic effects of diabetes mellitus, particularly with regard to atherosclerotic conditions.

The treatment protocol involves the oral or parenteral administration of a pharmaceutical composition comprised of ascorbate, one or more binding

15 inhibitors and one or more antioxidants. Dosages for a course of treatment are provided in Table 1. The dosage of ascorbate should preferably fall within the higher range, thereby increasing its chance of cellular uptake in the presence of high serum levels of glucose.

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Experimental

Having disclosed the preferred embodiment of the present invention, the following examples are provided by way of illustration only and are not intended to limit the invention in any way.

Example 1

Because of its metabolic similarity to man, with respect to the metabolism of ascorbate and Lp(a), the guinea pig was used in this example.

No study has been previously reported in the guinea pig to identify the lipoprotein involved as risk factors in plasma and as constituents of the atherosclerotic plaque.

Three female Hartly guinea pigs with an average weight of 800 g and an approximate age of 1 year were studied. One animal received an extreme hypoascorbic diet with 1 mg ascorbate/kg body weight/day (kg BW/d). Another animal received 4 mg/kg BW/d. The third animal served as a control receiving 40 mg ascorbate/d.

Blood was drawn by ear puncture from the anesthetized animals and collected into EDTA containing tubes at the beginning, after 10 days, and after 3 weeks, when the animals were sacrificed. Plasma was stored at -80°C until analyzed. Lp(a) was detected in the plasma of the guinea pigs by use of SDS-polyacrylamide gels according to Neville ((1971) *J. Biol. Chem.* 246:6328-6334) followed by Western blotting according to Beisiegel, *et al.* ((1982) *J. Biol. Chem.* 257:13150-13156). Forty μ l of plasma and 20 mg of arterial wall homogenate were applied in delipidated form per lane of the gel. The immunodetection of apo(a) was performed using a polyclonal anti-human apo(a) antibody (Immuno, Vienna, Austria) followed by a rabbit anti-sheep antibody (Sigma) and the gold-conjugated goat anti-rabbit antibody with subsequent

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silver enhancement (Bio-Rad). The determinations of cholesterol and triglycerides were done at California Veterinary Diagnostics (Sacramento) using the enzyme assay of Boehringer Mannheim. The amount of plasma ascorbate was determined by the dinitrophenylhydrazine method according to Schaffer, et al. ((1955) *J. Biol. Chem.* 212:59).

Vitamin C deficiency in the diet led to an increase of Lp(a) in the plasma of the guinea pig, as indicated by a clear band in the immunoblot of the plasma after 10 and 20 days of a hypoascorbic diet (Figure 1). At necropsy the animals were anesthetized with metophas and exsanguinated. The aorta, heart and various other organs were taken for biochemical and histological analysis. The aorta was excised, the adventitial fat carefully removed, and the vessel was opened longitudinally. Subsequently the aorta was placed on a dark metric paper and a color slide was taken. The picture was projected and thereby magnified by an approximate factor of 10. The circumference of the ascending aorta, the aortic arch and thoracic aorta, as well as the atherosclerotic lesions in this area, were marked and measured with a digitalized planimetry system. The degree of atherosclerosis was expressed by the ratio of plaque area in relation to the total aortic area defined. The difference in the three one-year old animals of the experiment was significant and pronounced lesions were observed in the ascending aorta and the arch of the vitamin C deficient animal (Figure 2B).

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Example 2

To confirm the data obtained in Example 1, a second guinea pig experiment was conducted, using 33 male animals with a mean weight of 550 g and an approximate age of 5 months. One group of 8 animals served as a control and received 40 mg ascorbate/kg BW/d (group A). To induce hypoascorbemia 16 animals were fed 2 mg ascorbate/kg BW/d (group B). Group A and half of the animals of group B (progression sub-group) were sacrificed after 5 weeks as described above. Half of group B was kept for 2 more weeks, receiving daily intraperitoneal injection of 1.3 g Na-ascorbate/kg BW/d as a daily intra peritoneal injection with the intention to reduce the extent of atherosclerosis lesions. After this regression period these animals also were sacrificed.

Plasma ascorbate levels were negatively correlated with the degree of the atherosclerotic lesion. Total cholesterol levels increased significantly during vitamin C deficiency (Table 3).

The aortas of the guinea pigs receiving a sufficient amount of ascorbate were essentially plaque free, with minimal thickening of the intima in the ascending region. In contrast, the ascorbate-deficient animals exhibited fatty streak-like lesions, covering most parts of the ascending aorta and the aortic arch. In most cases the branching regions of the intercostal arteries of the aorta exhibited similar lipid deposits. The difference in the percentage of lesion area between the control animals and the hypoascorbic diet animals was 25% deposition of lipids and lipoproteins in the arterial wall.

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Table 3

MEAN PLASMA PARAMETERS OF THE DIFFERENT GROUPS
IN RELATION TO THE AREA OF AORTIC LESIONS

	Control	Scurvy (progress)	Regression (after Scurvy)
Plasma Cholesterol (mg/dl)	39	54	33
Total Plasma Ascorbic Acid (μ g/ml)	5.03	3.01	20.64
Atheroscl. Lesion (Percent of Aorta Thorac. Surface)	--	25	19

5 The effectiveness of an inhibitor may be identified first by adding molar amounts of the possible inhibitor at a little larger, by approximately 5 times, the amount of ϵ -aminocaproic acid found in the earlier study. If, at this concentration, a possible inhibitor is found to inhibit the agglutination, studies are made at lower concentrations, to determine the concentration that has a 50% inhibitory effect.

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Example 3

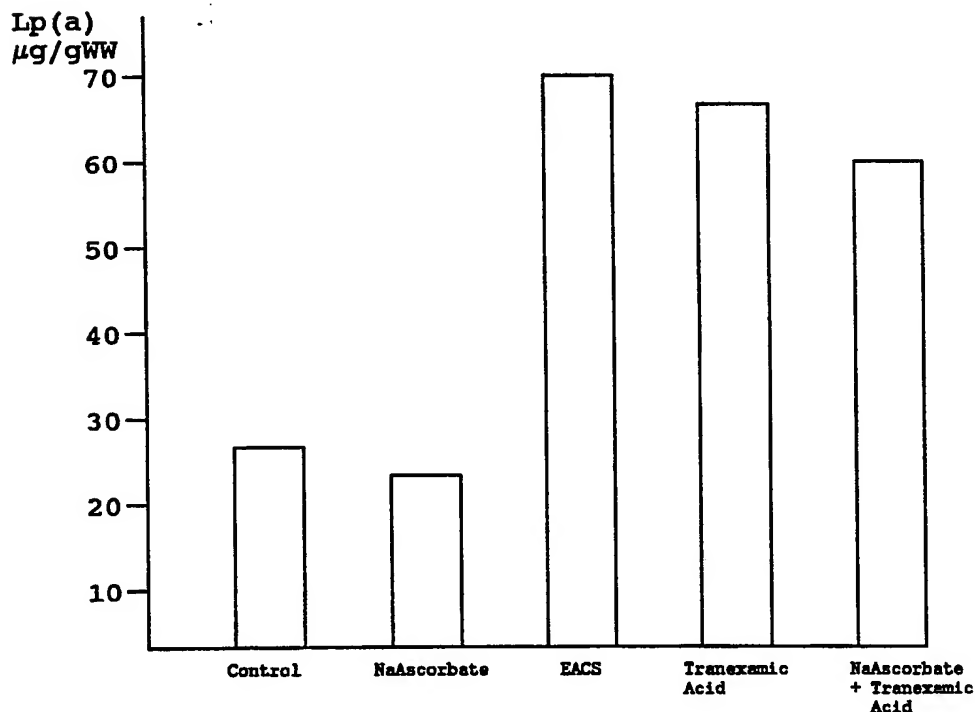
Human arterial wall was obtained post mortem from the aorta ascendens. The tissue showed homogenous intimal thickening (early atherosclerotic lesion). It was cut into pieces, with 100 mg samples of the cut up tissue each homogenized in a glass potter for 1 minute in 2.5 ml of the following solutions in PBS (Dulbecco):

	NaAscorbate	50 mg/ml
	EACS	50 mg/ml
10	Tranexamic Acid	50 mg/ml
	NaAscorbate + Tranexamic Acid	50 mg/ml

Results of this treatment are disclosed in Table 4 and show that, compared to the control solution, a considerable amount of Lp(a) was released from the interior arterial wall.

Table 4

Lp(a) RELEASED FROM HUMAN AORTA
IN RELATION TO SPECIFIC BINDING INHIBITORS



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By now it is apparent that the methods and compositions of the present invention meet longstanding needs in the field of prevention and treatment of cardiovascular disease. Although preferred embodiments and examples have been disclosed, it is understood that the invention is in no way limited thereby, but rather is defined by the claims that follow and the equivalents thereof.

5

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Claims

1. A method for treatment of cardiovascular disease comprising the step of administering to a subject a therapeutic composition comprising ascorbate and at least one lipoprotein(a) binding inhibitor in an amount sufficient to decrease the binding of lipoprotein(a) to blood vessel walls.

2. A method for treatment of cardiovascular disease comprising the step of administering to a subject a therapeutic composition comprising ascorbate, at least one lipoprotein(a) binding inhibitor, at least one antioxidant and at least one lipid-lowering compound in an amount effective to decrease the binding of lipoprotein(a) to blood vessel walls.

3. A method for reducing injury to vessel explants prior to implantation comprising the step of storing the vessel explants in an aqueous composition comprising ascorbate and at least one lipoprotein (a) binding inhibitor in concentrations sufficient to decrease injury to interior walls of the vessel explants.

4. A method according to Claim 3 wherein said binding inhibitor is selected from the group consisting of ϵ -aminocaproic acid, lysine, tranexamic acid, p-aminomethylbenzoic acid, p-benzylamine sulfuric acid, and α -N-acetyl-lysine-methyl ester.

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5. A method for reducing injury to vessel explants prior to implantation comprising the step of storing the vessel explants in an aqueous composition consisting essentially of ascorbate, at least one lipoprotein (a) binding inhibitor, and at least one antioxidant in concentrations sufficient to decrease injury to interior walls of the vessel transplant.

6. A method for preventing the development of atherosclerosis in transplanted vessels comprising the step of administering to a subject before, during or after transplant surgery a composition comprising ascorbate and at least one lipoprotein (a) binding inhibitor, said composition in an amount effective to reduce binding of lipoprotein (a) to interior walls of the transplanted vessels.

7. A method according to Claim 6 wherein said binding inhibitor is selected from the group consisting of ϵ -aminocaproic acid, lysine, tranexamic acid, p-aminomethylbenzoic acid, p-benzylamine sulfuric acid, and α -N-acetyl-lysine-methyl ester.

8. A method for preventing the development of atherosclerosis in transplanted vessels comprising the step of administering to a subject before, during or after transplant surgery a composition consisting essentially of ascorbate; at least one lipoprotein (a) binding inhibitor; and at least one antioxidant, said composition in an amount effective to reduce binding of lipoprotein (a) to interior walls of the transplanted vessels.

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9. A method according to Claim 8 wherein said ascorbate is selected from the group consisting of pharmaceutically acceptable ascorbate salts, ascorbic acid and mixtures thereof; said lipoprotein (a) binding inhibitor is selected from the group consisting of ϵ -aminocaproic acid, lysine, tranexamic acid, p-aminomethylbenzoic acid, p-benzylamine sulfuric acid, and α -N-acetyl-lysine-methyl ester; and said antioxidant is selected from the group consisting of tocopherol, carotene and mixtures thereof.

10. A method of preventing the development of atherosclerosis in transplanted vessels comprising the steps of:

- a) administering to a subject before, during or after transplant surgery a pharmaceutical composition comprising ascorbate and at least one lipoprotein (a) binding inhibitor, said composition in an amount effective to reduce binding of lipoprotein (a) to interior walls of the transplanted vessels; and
- b) reducing injury to said vessel explants prior to implantation by storing said vessel explants in an aqueous composition comprising ascorbate and at least one lipoprotein (a) binding inhibitor, in concentrations sufficient to decrease injury to interior walls of the vessel transplant.

11. A method for reducing injury to organ explants prior to implantation comprising the step of storing the organ explants in an aqueous composition comprising ascorbate and at least one lipoprotein (a) binding inhibitor in concentrations sufficient to decrease injury to interior walls of vessels with the organ explants and decrease binding of lipoprotein(a).

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12. A method according to Claim 11 wherein said binding inhibitor is selected from the group consisting of ϵ -aminocaproic acid, lysine, tranexamic acid, p-aminomethylbenzoic acid, p-benzylamine sulfuric acid, and α -N-acetyl-lysine-methyl ester.

13. A method of preventing the development of atherosclerosis in transplanted organs comprising the steps of:

a) administering to a subject before, during or after transplant surgery a pharmaceutical composition comprising ascorbate and at least one lipoprotein (a) binding inhibitor, said composition in an amount effective to reduce binding of lipoprotein (a) to interior walls of vessels within the transplanted organs; and

b) reducing injury to said organ explants prior to implantation by storing said vessel explants in an aqueous composition comprising ascorbate and at least one lipoprotein (a) binding inhibitor, in concentrations sufficient to decrease injury to interior walls of vessels within the transplanted organs and to decrease binding of lipoprotein(a) to the interior walls of the vessel.

14. A method for preventing cardiovascular disease in a subject undergoing hemodialysis comprising the step of adding to a standard hemodialysis solution a composition comprising ascorbate and at least one lipoprotein (a) binding inhibitor in amounts sufficient to decrease the binding of lipoprotein (a) to blood vessel walls.

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15. A method according to Claim 14 wherein said ascorbate is selected from the group consisting of pharmaceutically acceptable ascorbate salts, ascorbic acid and mixtures thereof; and said binding inhibitor
5 is selected from the group consisting of ϵ -aminocaproic acid, lysine, tranexamic acid, p-aminomethylbenzoic acid, p-benzylamine sulfuric acid, and α -N-acetyl-lysine-methyl ester.

16. A method for preventing cardiovascular
10 disease in a subject undergoing hemodialysis comprising the steps of:

a) adding to a standard hemodialysis solution a composition comprising ascorbate in an amount sufficient to reduce the loss of ascorbate
15 from said subject during hemodialysis so as to decrease the binding of lipoprotein (a) to blood vessel walls; and

b) administering to a subject a therapeutic composition comprising ascorbate and at least one
20 lipoprotein (a) binding inhibitor, said composition in an amount sufficient to decrease the binding of lipoprotein (a) to blood vessel walls.

17. A method according to any of Claims 1-16
25 wherein said ascorbate is covalently linked to said at least one lipoprotein(a) binding inhibitor.

18. An improved hemodialysis solution comprising ascorbate in an amount sufficient to reduce loss of ascorbate from blood of a subject undergoing
30 hemodialysis so that binding of lipoprotein (a) to blood vessel walls is decreased.

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19. An improved hemodialysis solution comprising ascorbate and at least one lipoprotein (a) binding inhibitor in amounts sufficient to decrease binding of lipoprotein (a) to blood vessel walls in a subject undergoing hemodialysis.

20. A solution according to Claim 19 wherein said ascorbate is selected from the group consisting of pharmaceutically acceptable ascorbate salts, ascorbic acid and mixtures thereof and said binding inhibitor is selected from the group consisting of ϵ -aminocaproic acid, lysine, tranexamic acid, p-aminomethylbenzoic acid, p-benzylamine sulfuric acid and α -N-acetyl-lysine-methyl ester.

21. An improved hemodialysis solution comprising ascorbate; at least one lipoprotein (a) binding inhibitor; and at least one antioxidant in amounts sufficient to decrease binding of lipoprotein (a) to blood vessel walls in a subject undergoing hemodialysis.

22. A pharmaceutical composition comprising ascorbate, at least one lipoprotein (a) binding inhibitor and a pharmaceutically acceptable carrier, said composition in an amount effective to prevent or treat cardiovascular disease.

23. A composition according to Claim 22 wherein said ascorbate is selected from the group consisting of pharmaceutically acceptable ascorbate salts, ascorbic acid and mixtures thereof and said binding inhibitor is selected from the group consisting of ϵ -aminocaproic acid, lysine, tranexamic acid, p-aminomethylbenzoic acid, p-benzylamine sulfuric acid, and α -N-acetyl-lysine-methyl ester.

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24. A composition according to Claim 23 further comprising at least one antioxidant.

5 25. A composition according to claim 24 wherein said antioxidant is selected from the group consisting of tocopherol, carotene and mixtures thereof.

26. A composition according to Claim 25 further comprising active ingredients for the prevention or treatment of cardiovascular disease.

10 27. A composition according to Claim 26 wherein said other active ingredients are selected from the group consisting of vitamins, pro-vitamins and trace elements.

15 28. A composition according to any of Claims 21-27 wherein said ascorbate is covalently bound to said at least one binding inhibitors.

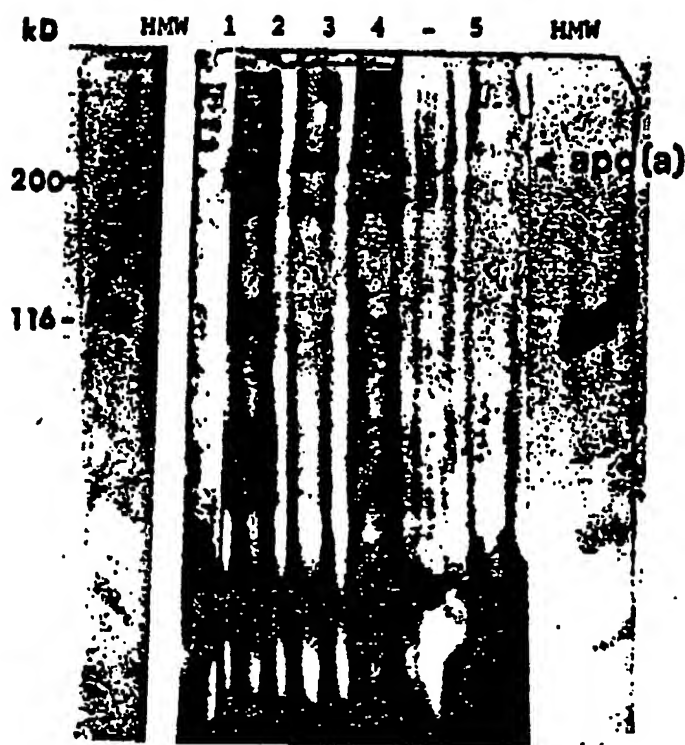


Figure 1: Increase of Lp(a) in plasma of guinea pigs with a hypoascorbic diet. Immunoblot with anti apo(a) antibodies. Lane 1: human control plasma. Lane 2: guinea pig plasma at start of experiment. Lane 3: guinea pig plasma after 10 days of hypoascorbic diet. Lane 4: guinea pig plasma after 20 days. HMW: high molecular weight standard.



Figure 2: Aorta of guinea pigs receiving an adequate amount of ascorbate (A) and receiving a hypoascorbic diet (B) after 3 weeks.

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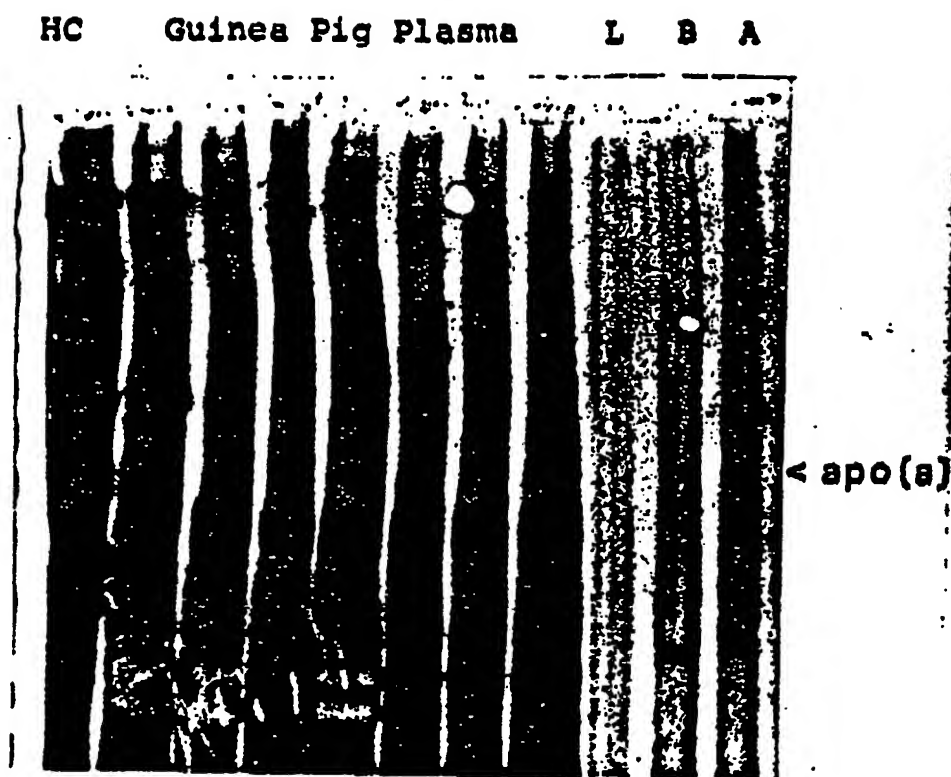


Figure 3: Plasma and tissue of guinea pigs. Immunoblott with anti apo(a) antibody. HC: human control plasma, L: liver tissue. B: brain tissue. A: aortic tissue, homogenate of plaque area from figure 2 B.

4 / 5

Potential Mechanism of Binding Inhibitors in the Therapy for Atherosclerosis

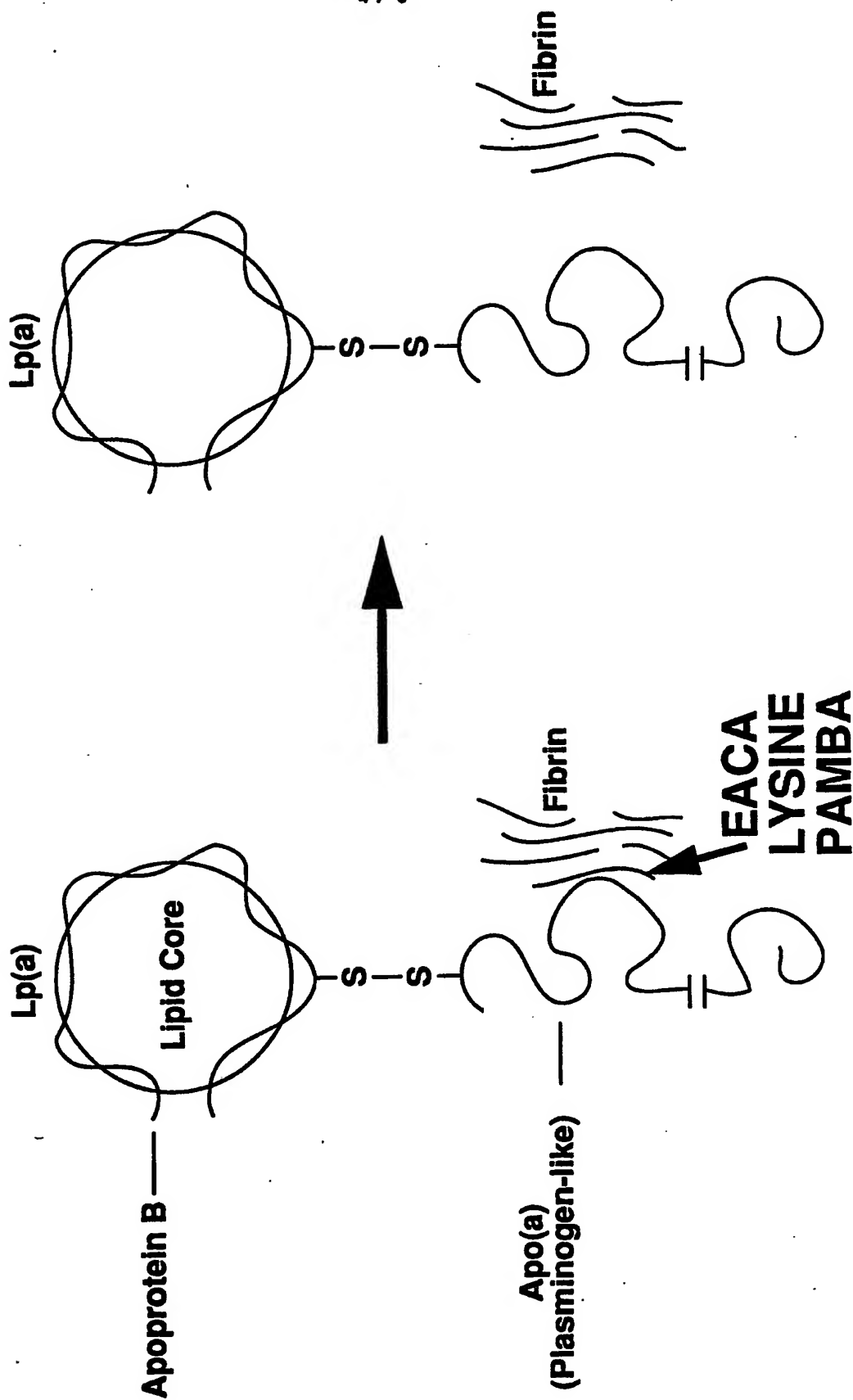
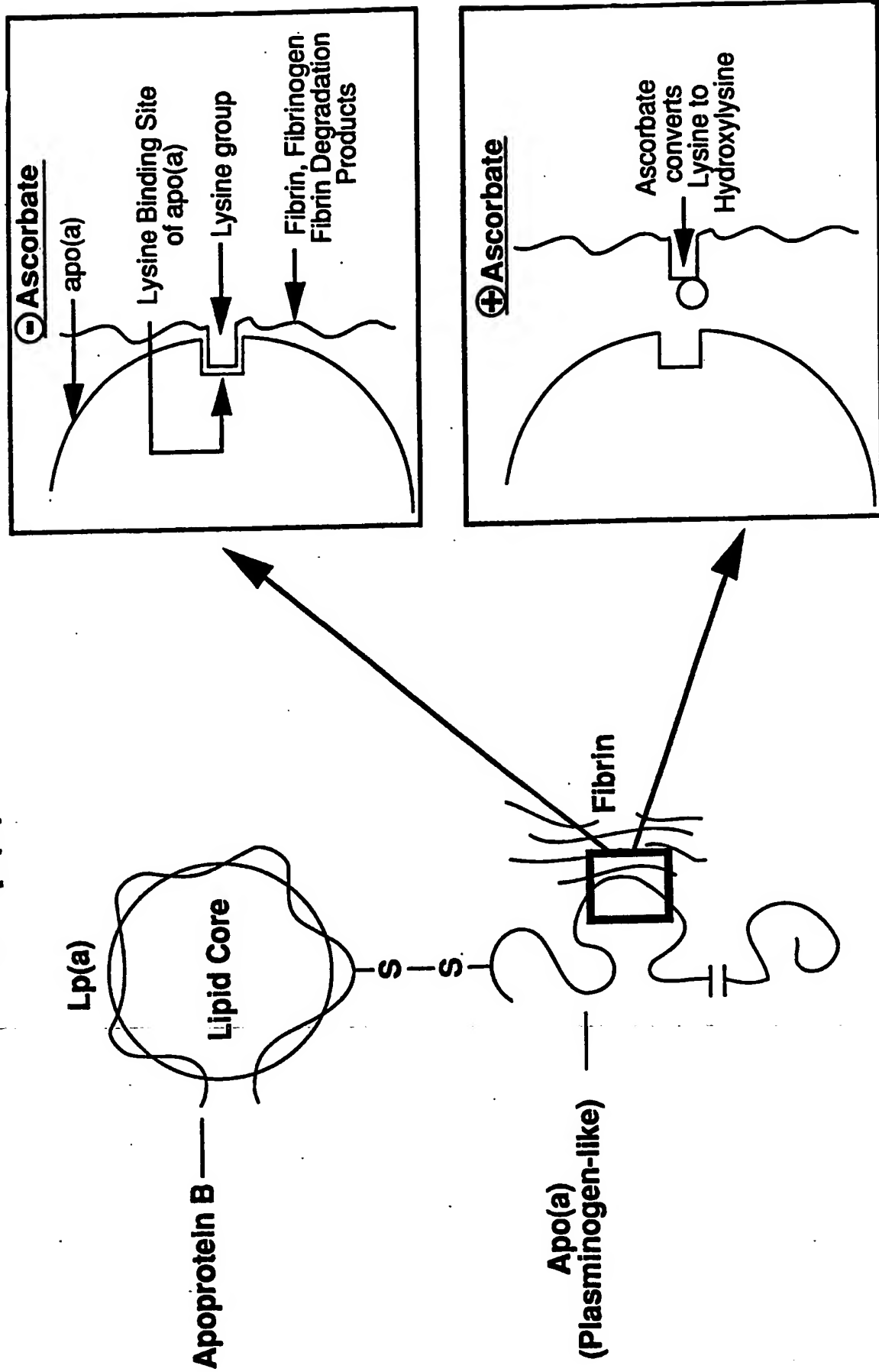


FIG. 4

Potential Mechanism of Ascorbate in the Binding of Lp(a) to the Arterial Wall

**FIG. 5**

INTERNATIONAL SEARCH REPORT

International Application No. PCT/US91/03876

I. CLASSIFICATION OF SUBJECT MATTER <small>(1) Several classification symbols should be stated and (2)</small>		
According to International Patent Classification (IPC) or to both National Classification and IPC		
IPC(5): A61K 31/34, 31/195.		
US 514/474, 561, 562, 564, 567, 824		
FIELDS SEARCHED		
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III DOCUMENTS CONSIDERED TO BE RELEVANT		
<small>Category</small>	<small>Citation of Document, with indication, where appropriate, of the relevant passages</small>	<small>Relevant to Claim No.</small>
Y, p	US, A, 4,954,521 (SAWYER et al) 4 SEPTEMBER 1990 Note column 3, lines 1-39	1-28
Y	MARTINDALE, THE EXTRA PHARMACOPOEIA 28th edition (1982) pg. 56, column 2	1-28
Y	THE NUTRITION DESK REFERENCE, GARRISON et al., KEATS Publishing, inc. (1985) pp 172-77 Note page 173-175 column 1	1-28
Y	VITAMIN C IN HEALTH AND DISEASE, Basu et al. AVI Publishing Co., Inc. (1982) pp 95-101 Note pg. 98, column 1.	1-28
Y	CHEMICAL ABSTRACTS 77(13): 86318 (1972) Note entire abstract	22-28
Y	JP60-78560 (1983) Note abstract	1-28
<p>* Special categories of cited documents:</p> <p>"A" document defining the general state of the art which is not considered to be of particular relevance</p> <p>"E" earlier document but published on or after the international filing date</p> <p>"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)</p> <p>"O" document referring to an oral disclosure, use, exhibition or other means</p> <p>"P" document published prior to the international filing date but later than the priority date claimed</p> <p>"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention</p> <p>"X" document of particular relevance: the claimed invention cannot be considered novel or cannot be considered to involve an inventive step</p> <p>"Y" document of particular relevance: the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art</p> <p>"A" document member of the same patent family</p>		
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